

Plant, Scent, and Food Safety

Cats have extremely sensitive systems that are very different from ours. In order to keep your pets safe, make yourself aware of potential hazards and keep your cats clear of them! In general, it is best to avoid harsh aromas, chemicals, and essential oils. While *heavily* diluted essential oils can be enriching and calming for cats, their livers cannot process oils as well as humans and they can be toxic. Keep your cat safe and avoid the following:

- **Plants**

- Amaryllis
- Autumn Crocus
- Azaleas
- Castor Bean
- Chrysanthemum
- Cyclamen
- Daffodils
- Daisy
- Devil's Ivy
- Dieffenbachia
- English Ivy
- Hyacinth
- Kalanchoe
- Lily
- Lily of the Valley
- Marijuana
- Mum
- Narcissus
- Oleander
- Peace Lily
- Pothos
- Rhododendron
- Sago Palm
- Spanish Thyme
- Tulip
- Yew

- **Essential Oils**

- Cinnamon
- Citrus
- Clove
- Eucalyptus
- Peppermint
- Pine
- Sweet Birch
- Tea Tree
- Wintergreen
- Ylang Ylang

Visit <https://www.animaleo.info/order-animaleo.html> for cat-safe essential oils

- **Food**

- Alcohol
- Avocado
- Bones
- Caffeine
- Chocolate
- Dairy Products
- Garlic
- Grapes
- Macadamia Nuts
- Milk
- Onions
- Raisins
- Raw Dough
- Raw Egg
- Raw Fish
- Raw Meat
- Walnuts
- Xylitol

NOTE: This is not an all-inclusive list. Consult your vet for specific inquiries